



**FOREST PARK**  
COUNTRY HOTEL & INN

— **RESIDENTS' BREAKFAST** —

**Today is the start of a new day**

Start your day the right way with a Forest Park breakfast. We have a wonderful, extensive cold buffet with fresh juices and many locally sourced items. To complement your breakfast, we also serve locally roasted coffee and teas from the New Forest Tea company.

Place your hot beverage order and hot food menu item with your server.

**Light English Breakfast**

Crow Farm pork sausage, smoked bacon, grilled tomato, your choice of free range egg (fried, poached or scrambled)  
G, E, D, SD 476 Kcal

**Full English Breakfast**

Crow Farm pork sausage, smoked bacon, grilled tomato, fresh mushrooms, baked beans, hash brown, your choice of free range egg (fried, poached or scrambled)  
G, E, D, SD 635 Kcal

**Vegetarian Breakfast**

Grilled sliced Halloumi cheese, grilled tomato, fresh mushrooms, baked beans, hash brown, vegan sausage, your choice of free range egg (fried, poached or scrambled)  
V S, E, D 668 Kcal

**Vegan Breakfast**

Crushed avocado, grilled tomato, fresh mushrooms, baked beans, hash brown, vegan sausage  
VE S 408 Kcal

**Eggs on Toast**

Two poached or scrambled free range eggs, choice of toast  
GF ON REQUEST G, E, D Poached 366 Kcal / Scrambled 607 Kcal

**Breakfast Bap**

Brioche bun, fried free range egg, bacon, Crow Farm pork sausage G, E, D, SD 406 Kcal

**Vegetarian Bap**

Brioche bun, fried free range egg fried, grilled Halloumi cheese V G, E, D 408 Kcal

**Waffles**

Maple syrup, your choice of banana or crispy bacon  
V ON REQUEST G, E, S, D  
Plain 445 Kcal / Banana 508 Kcal / Bacon SD 508 Kcal

**Three Stack American Buttermilk Pancakes**

Maple syrup, your choice of banana or crispy bacon  
V ON REQUEST G, E, D  
Plain 557 Kcal / Banana 621 Kcal / Bacon SD 685 Kcal

— **À LA CARTE** —

5pp supplement

**Eggs Benedict**

Ham, English muffin, poached egg, hollandaise sauce  
G, S, E, D 616 Kcal

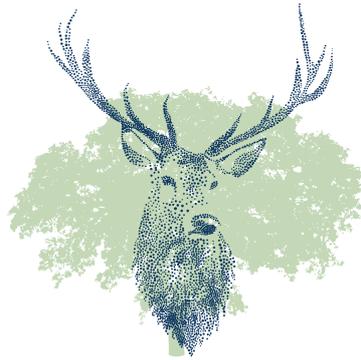
**Eggs Royale**

Smoked salmon, English muffin, poached egg, hollandaise sauce  
G, F, S, E, D 664 Kcal

**Eggs Florentine**

Creamed spinach, English muffin, poached egg, hollandaise sauce  
V G, S, E, D 632 Kcal

If you're planning lunch or dinner with us we advise advance reservations.



## FOREST PARK COUNTRY HOTEL & INN

"One cannot think well, love well,  
sleep well, if one has not dined well."

Virginia Woolf

Cameron and his kitchen team love what they do. Our food is cooked freshly to order. We take great pride in sourcing close to home but venturing further afield across the country to utilise produce which is season's best. Some of our dishes can be made with no added gluten, please ask a member of our team who will be able to advise you.

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**V:** Vegetarian **VE:** Vegan **GF:** Gluten-Free. Adults need around 2000 Kcal a day. If you have a food allergy, intolerance or sensitivity, please speak to your server before ordering your meal. Please be aware our kitchens contain allergens of all kinds so we therefore cannot guarantee that any one dish can be free of all traces of any allergen.  
C: Crustaceans / CE: Celery / D: Dairy / E: Eggs / F: Fish / P: Peanuts / G: Gluten / L: Lupin / N: Nuts  
MO: Molluscs / MU: Mustard / S: Soya / SD: Sulphur dioxide / SE: Sesame seeds

We add a discretionary 10% service charge on all our food and beverage items. 100% of all gratuities go directly to our team members. Please let your server know if you wish to remove this element.



[www.forestpark-hotel.co.uk](http://www.forestpark-hotel.co.uk)

